

Kantonaler Sozialdienst | Aarau

Tagesverpflegung

23.02 to 01.03.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10	Kaffee, Milch, Brot, Konfiture, Butter  5.10
Vegi Mittag	Blattsalat, Rösti Taschen Spinat & Käse, Grillgemüse  7.25	Blattsalat, Canneloni Ricotta Spinat  7.25	Tagesfrucht, Falafel, Ratatouille, Couscous  7.25	Kabis Salat, Linsen Bolognaise Sauce vegan, Teigwaren  7.25	Karotten Salat, Kichererbsen Gemüse Tajine, Bulgur  7.25
Abend Vegi	Tagesfrucht, Green Mountain Balls, Tomaten Sauce, Trockenreis  7.25	Tagesfrucht, Tofu Gyros Style, Ofenkartoffeln, Blumenkohl  7.25	Blattsalat, Protaneo Chili, Bohnen, Mais, Trockenreis  7.25	Tagesfrucht, Vegane Lachscremesauce, Penne  7.25	Tagesfrucht, Quorn Geschnetzeltes Creme Sauce, Trockenreis, Erbsen & Karotten  7.25

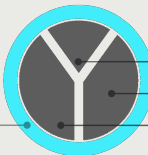
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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	Saturday	Sunday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 5.10	Kaffee, Milch, Brot, Konfiture, Butter 5.10
Vegi Mittag	Gurken Salat, Spätzli Gemüse Pfanne 7.25	Äplermaggronen, Randen Hüttenkäse Apfel Salat 7.25
Abend Vegi	Tagesfrucht, Bulgur Gemüse Patty, Rosmarinsauce, Bratkartoffeln, Broccoli 7.25	Tagesfrucht, Linsen Tätschli, Paprika Sauce, Trockenreis, Bohnen 7.25

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Discover the climate impact of meals...



...and identify balanced nutrition.