

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

09. to 15.03.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Blattsalat, Luya Stroganoff, Trockenreis   	Blattsalat, Bohnen Eintopf, Weizentortilla  	Gurken Salat, Cannelloni Ricotta Spinat  	Karotten Salat, Linseneintopf, Trockenreis   	Tagesfrucht, Pesto-Cremesauce, Teigwaren, Reibkäse  
Menü Abend	Tagesfrucht, Poulet Schenkel, Braten Sauce, Kurkumareis, Buntes Gemüse   	Tagesfrucht, Rinderbolognese, Teigwaren, Reibkäse 	Tagesfrucht, Poulet Sweet & Sour, Trockenreis, Broccoli  	Tagesfrucht, Beef Burger Patty, BBQ Sauce, Brätler Kartoffeln, Bohnen  	Blattsalat, Truten Schnitzel, Creme Sauce, Couscous, Karotten Gemüse  
Vegi Abend	Tagesfrucht, Linsen Tätschli, Braten Sauce, Kurkumareis, Buntes Gemüse    	Tagesfrucht, Gemüse Bolognese, Teigwaren, Reibkäse  	Tagesfrucht, Tofu Sweet & Sour, Trockenreis, Broccoli   	Tagesfrucht, Falafel Burger Patty, BBQ Sauce, Brätler Kartoffeln, Bohnen   	Blattsalat, Gemüse Schnitzel, vegan, Creme Sauce, vegan, Couscous, Karotten Gemüse   

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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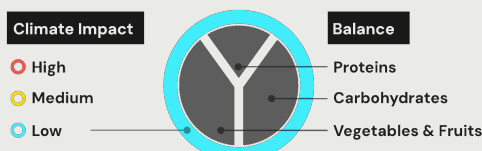


	Saturday	Sunday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Tagesfrucht, Äplermaggronen, Apfelmus  	Tagesfrucht, Broccoli Nuggets, Shakshuka Gemüse, Bulgur   
Menü Abend	Blattsalat, Poulet Meatball, Curry Sauce, Bulgur  	Blattsalat, Geflügel Wienerli, Kartoffel Lauch Gratin  
Vegi Abend	Blattsalat, Green Mountain Balls, vegan, Curry Sauce vegan, Bulgur   	Blattsalat, Linseneintopf mit, Kartoffeln, Sojabohnen, Kichererbsen, Kokossauce    

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...and identify balanced nutrition.