

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

16. to 22.03.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter
Vegi Mittag	Blattsalat, Pasta, Cinque Pi, Reibkäse 	Tagesfrucht, Tajine Kichererbsen, Pita Brot   	Gurken Salat, Tofu Piccata, Tomaten Sauce, Kräuter – Trockenreis  	Blattsalat, Teigwaren, Grillgemüse Sauce, Reibkäse  	Tagesfrucht, Arancini mit Tomaten Mozzarella, Trockenreis, Blumenkohl  
Menü Abend	Tagesfrucht, Lamm & Rindfleisch, Cevapcici, Ratatouille, Trockenreis  	Blattsalat, Chili con carne, Rindfleisch, Bohnen, Mais, Trockenreis  	Tagesfrucht, 100% Kalbs Bratwurst, Braten Sauce, Bratkartoffeln, Broccoli   	Karotten Salat, Poulet Schenkel Gyros Style, Bulgur, Braten Sauce  	Bohnen Salat, Thon Tomaten Sauce, Teigwaren  
Vegi Abend	Tagesfrucht, Pflanzliche Cevapcici, Ratatouille, Trockenreis   	Blattsalat, Protaneo Chili, Bohnen, Mais, Trockenreis   	Tagesfrucht, Pflanzliche Bratwurst, Braten Sauce, Bratkartoffeln, Broccoli    	Karotten Salat, Falafel vegan, Bulgur, Braten Sauce vegan   	Bohnen Salat, Tomaten Sauce, Teigwaren   

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Saturday

Sunday

Frühstück

Kaffee, Milch, Brot, Konfiture, Butter

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Vegi Mittag

Tagesfrucht, Falafel vegan, Curry Sauce vegan, Trockenreis

Blattsalat, Linsen Dal



Menü Abend

Blattsalat, Rinderbolognese, Teigwaren, Reibkäse

Tagesfrucht, Lasagne Rind Bolognese



Vegi Abend

Blattsalat, Tomaten-Gemüse-Sugo, Teigwaren, Reibkäse

Tagesfrucht, Lasagne Gemüse



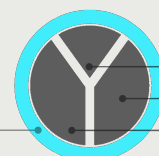
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