

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

13. to 19.04.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter
Vegi Mittag	Karotten Salat, Broccoli Nuggets, Salzkartoffelwürfel, Spinat  	Blattsalat, Soja Gemüse Gehacktes, Teigwaren, Reibkäse  	Gurken Salat, Quark-Spätzli-Gemüsepfanne  	Blattsalat, Nordafrikanischer Eintopf, Pita Brot  	Maissalat, Tikka Masala Sauce, Falafel vegan, Couscous  
Menü Abend	Tagesfrucht, Pouletwürfel, milde Curry Sauce, Trockenreis  	Tagesfrucht, 100% Kalbs Bratwurst, Braten Sauce, Trockenreis, Gedünstete Bohnen  	Tagesfrucht, Poulet Schenkel Gyros Style, Salsa, Bulgur, Broccoli  	Tagesfrucht, Thon Tomaten Sauce, Teigwaren  	Tagesfrucht, Rindsmeatballs, Tomatensauce, Trockenreis 
Vegi Abend	Tagesfrucht, To-fuwürfel, milde Curry Sauce, Trockenreis  	Tagesfrucht, Pflanzliche Bratwurst, Braten Sauce, Trockenreis, Gedünstete Bohnen  	Tagesfrucht, Bulgur Gemüse Patty, Salsa, Bulgur, Broccoli  	Tagesfrucht, Tomaten Sauce, Teigwaren  	Tagesfrucht, Green Mountain Balls, Tomaten Sauce, Trockenreis 

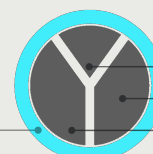
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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	Saturday	Sunday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter
Vegi Mittag	Blattsalat, Soja Geschnetzeltes Züri Style, Kartoffelgaletten	Randensalat, Äplermaggronen, Apfelmus
Menü Abend	Tagesfrucht, Nasi Goreng Poulet	Tagesfrucht, Geflügel Wienerli, Kartoffelgratin
Vegi Abend	Tagesfrucht, Cannelloni Ricotta Spinat	Tagesfrucht, Linseneintopf mit, Kartoffeln, Sojabohnen, Kichererbsen, Kokossauce

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...and identify balanced nutrition.