

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

12. to 18.01.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Blattsalat, Linsen Tätschli, Braten Sauce, Brätler Kartoffeln, Bunt Gemüse    	Bohnen Salat, Tomaten Sugo, Sauce, Penne Teigwaren   	Blattsalat, Tofu Sweet & Sour, Trockenreis, Broccoli   	Blattsalat, Falafel Burger Patty, BBQ Sauce, Brätler Kartoffeln, Bohnen   	Blattsalat, Gebratener Tofu, Creme Sauce, Couscous, Karotten Gemüse   
Menü Mittag	Blattsalat, Poulet Schenkel, Braten Sauce, Brätler Kartoffeln, Bunt Gemüse   	Bohnen Salat, Thon Tomaten Sauce, Penne Teigwaren  	Blattsalat, Poulet Sweet & Sour, Trockenreis, Broccoli  	Blattsalat, Beef Burger Patty, BBQ Sauce, Brätler Kartoffeln, Bohnen  	Blattsalat, Truten Schnitzel, Creme Sauce, Couscous, Karotten Gemüse  
Vegi Abend	Blattsalat, Luya Stroganoff, Trockenreis   	Blattsalat, Kartoffel Gemüse Pfanne, Kräuter Hüttenkäse   	Blattsalat, Gemüse Lasagne  	Gurken Salat, Linsen Reis Gericht, Pfefferminze Dip    	Blattsalat, Süsskartoffel Tätschli, Bohnen Gemüse Chili   

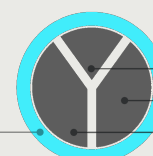
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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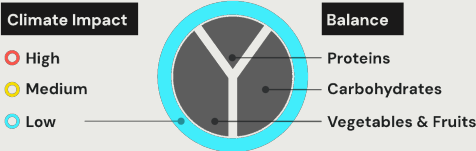


	Saturday	Sunday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter	Kaffee, Milch, Brot, Konfiture, Butter
Vegi Mittag	Blattsalat, Gemüse Bolognese, Spiralen Teigwaren, Reibkäse	Blattsalat, Linseneintopf mit, Kartoffeln, Sojabohnen, Kichererbsen, Kokossauce
Menü Mittag	Blattsalat, Rinderbolognese, Spiralen Teigwaren, Reibkäse	Blattsalat, Geflügel Wienerli, Kartoffel Lauch Gratin
Vegi Abend	Cole Slaw Salat, Freilandeier, Currysauce, Trockenreis	Blattsalat, Broccoli Nuggets, Shakshuka Gemüse, Bulgur

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...and identify balanced nutrition.