

# Kantonaler Sozialdienst | KSD Aargau

## Tagesverpflegung

20. to 26.07.2026

For the digital meal plan with further details, scan the QR-Code!



|                        | Monday                                                                                                                                                                                                                                                                                                                                                                                                                    | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                | Wednesday                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                                                                        |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Frühstück Haferflocken | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                                                                                                                                                                                                                                                                 | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                                                                                                                                                                                                                                                              | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                                                                               | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                                                                                                                                                                                                                                                                       | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                                                                                                                                                                                     |
| Frühstück              | Kaffee, Milch, Brot, Konfitüre, Butter                                                                                                                                                                                                                                                                                                                                                                                    | Kaffee, Milch, Brot, Konfitüre, Butter                                                                                                                                                                                                                                                                                                                                                                                 | Kaffee, Milch, Brot, Konfitüre, Butter                                                                                                                                                                                                  | Kaffee, Milch, Brot, Konfitüre, Butter                                                                                                                                                                                                                                                                                                                                                                                          | Kaffee, Milch, Brot, Konfitüre, Butter                                                                                                                                                                                                                                                                                                        |
| Vegi Mittag            | Blattsalat, TOFU & GEMÜSE RAGOUT, Pita Brot<br>                                                                                                                                                                                                     | Maissalat, SOJA GESCHNETZELTES ZÜRI STYLE, Kartoffelgaletten<br>                                                                                                                                                                                 | Blattsalat, LASAGNE GEMÜSE<br>                                    | Karotten Salat, QUARKSPÄTZLI-FANNE MIT GEMÜSE<br>                                                                                                                                                                                                     | Blattsalat, LUYA STROGANOFF, Trockenreis<br>                                                                                                                        |
| Menü Abend             | Tagesfrucht, BRATWURST GEFLÜGEL, Senfsauce, Salzkartoffeln<br>                                                                                                                                                                                      | Tagesfrucht, POULET SCHENKEL, Tikka Masala Sauce, Trockenreis<br>                                                                                             | Tagesfrucht, RINDS GEHACKTES MIT GEMÜSE, Teigwaren, Reibkäse<br>  | Tagesfrucht, GEFLÜGEL FLEISCHKÄSE, Tomaten Ketchup, Ofenkartoffeln<br>                                                                                                                                                                                | Tagesfrucht, 4 Stk. CEVAPCICI LAMM & RIND, Bratensauce, Ratatouille, Couscous<br>                                                                                   |
| Vegi Abend             | Tagesfrucht, BRATWURST VEGAN, Senfsauce, Salzkartoffeln, Sommer Gemüse<br>    | Tagesfrucht, KICHERERBSEN & GEMÜSE, Tikka Masala Sauce, Trockenreis<br>    | Tagesfrucht, SOJA GEHACKTES MIT GEMÜSE, Teigwaren, Reibkäse<br>   | Tagesfrucht, PAT-TY VEGAN, Tomaten Ketchup, Ofenkartoffeln, Karotten<br>    | Tagesfrucht, 4 Stk. CEVAPCICI VEGAN, Braten Sauce, Ratatouille, Couscous<br>   |

Updates 2\_Baden

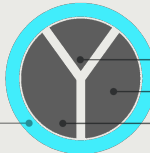
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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|                        | Saturday                                                                                                                                                                                                                                                                                                                                                                                                             | Sunday                                                                                                                                                                                                                                                                                                                            |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Frühstück Haferflocken | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                                                                                                                                                                                                                                                            | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                                                                                                                                                                         |
| Frühstück              | Kaffee, Milch, Brot, Konfiture, Butter                                                                                                                                                                                                                                                                                                                                                                               | Kaffee, Milch, Brot, Konfiture, Butter                                                                                                                                                                                                                                                                                            |
| Vegi Mittag            | Bohnen Salat, 7 Stk. FALAFEL VEGAN, Shakshuka Gemüse, Trockenreis<br>    | Blattsalat, 2 Stk. SÜSSKARTOFFEL TÄTSCHLI, Bohnen Gemüse Chili<br>   |
| Menü Abend             | Tagesfrucht, 4 Stk. CHICKEN NUGGETS, Tomaten Ketchup, Salzkartoffeln, Karotten Erbsen Gemüse<br>                                                                                                                                               | Tagesfrucht, THONTOMATENSAUCE, Teigwaren<br>                                                                                                              |
| Vegi Abend             | Tagesfrucht, 5 Stk. NUGGETS VEGAN, Tomaten Ketchup, Salzkartoffeln, Karotten Erbsen Gemüse<br>                                                              | Tagesfrucht, TOMATEN SAUCE, Teigwaren<br>                            |

Updates 2\_Baden

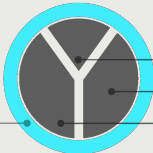
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