

# Kantonaler Sozialdienst | KSD Aargau

## Tagesverpflegung

03. to 09.08.2026

For the digital meal plan with further details, scan the QR-Code!



|                        | Monday                                                                                                                                                                                          | Tuesday                                                                                                                                                           | Wednesday                                                                                                                                           | Thursday                                                                                                                                                                                         | Friday                                                                                                                                                                                |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Frühstück Haferflocken | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                                       | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                         | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                           | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                                        | Kaffee, Milch, Brot, Haferflocken, Butter                                                                                                                                             |
| Frühstück              | Kaffee, Milch, Brot, Konfiture, Butter                                                                                                                                                          | Kaffee, Milch, Brot, Konfiture, Butter                                                                                                                            | Kaffee, Milch, Brot, Konfiture, Butter                                                                                                              | Kaffee, Milch, Brot, Konfiture, Butter                                                                                                                                                           | Kaffee, Milch, Brot, Konfiture, Butter                                                                                                                                                |
| Vegi Mittag            | Blattsalat, 2 Stk. LINSEN TÄTSCHLI, Paprika Sauce, Salzkartoffeln, Buntes Gemüse<br><div><div>Climate Impact: Low</div><div><div>Vegetables &amp; Fruits</div><div>No Alcohol</div></div></div> | Gurken Salat, KICHERERBSEN & GEMÜSE TAJINE, Bulgur<br><div><div>Climate Impact: Low</div><div><div>Vegetables &amp; Fruits</div><div>No Alcohol</div></div></div> | Tagesfrucht, SOJA GEHACKTES MIT GEMÜSE, Teigwaren, Reibkäse<br><div><div>Climate Impact: Low</div><div><div>No Alcohol</div></div></div>            | Blattsalat, 6 Stk. NUGGETS VEGAN, Tomaten Ketchup, Trockenreis, Gedünstete Bohnen<br><div><div>Climate Impact: Low</div><div><div>Vegetables &amp; Fruits</div><div>No Alcohol</div></div></div> | Kartoffelsalat, 2 Stk. OMMETTES, EIER, Blattspinat<br><div><div>Climate Impact: Medium</div><div><div>No Alcohol</div></div></div>                                                    |
| Menü Abend             | Tagesfrucht, POULET SCHENKEL GYROS STYLE, Trockenreis, Blumenkohl<br><div><div>Climate Impact: Medium</div><div><div>No Alcohol</div></div></div>                                               | Tagesfrucht, THONTOMATENSAUCE, Teigwaren<br><div><div>Climate Impact: Low</div><div><div>No Alcohol</div></div></div>                                             | Blattsalat, HAMBURGER RIND, Cocktail Sauce vegan, Beilagen, Gemüse<br><div><div>Climate Impact: High</div><div><div>No Alcohol</div></div></div>    | Tagesfrucht, POULET RAGOUT, Thymiansauce, Bulgur, Broccoli<br><div><div>Climate Impact: Medium</div><div><div>No Alcohol</div></div></div>                                                       | Tagesfrucht, BRATWURST GEFLÜGEL, Senfsauce, Salzkartoffeln<br><div><div>Climate Impact: Low</div><div><div>No Alcohol</div></div></div>                                               |
| Vegi Abend             | Tagesfrucht, TOFU GYROS STYLE, Trockenreis, Blumenkohl<br><div><div>Climate Impact: Low</div><div><div>Vegetables &amp; Fruits</div><div>No Alcohol</div></div></div>                           | Tagesfrucht, TOMATEN SAUCE, Teigwaren<br><div><div>Climate Impact: Low</div><div><div>Vegetables &amp; Fruits</div><div>No Alcohol</div></div></div>              | Blattsalat, PATTY VEGAN, Burger Cocktail Sauce vegan, Beilagen, Gemüse<br><div><div>Climate Impact: Low</div><div><div>No Alcohol</div></div></div> | Tagesfrucht, GEMÜSE SCHNITZEL, Thymiansauce, Bulgur, Broccoli<br><div><div>Climate Impact: Low</div><div><div>Vegetables &amp; Fruits</div><div>No Alcohol</div></div></div>                     | Tagesfrucht, BRATWURST VEGAN, Senfsauce, Salzkartoffeln, Sommer Gemüse<br><div><div>Climate Impact: Low</div><div><div>Vegetables &amp; Fruits</div><div>No Alcohol</div></div></div> |

Updates 4\_Baden

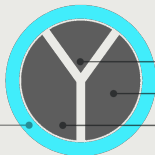
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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|                        | Saturday                                                               | Sunday                                                                                                           |
|------------------------|------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| Frühstück Haferflocken | Kaffee, Milch, Brot, Haferflocken, Butter                              | Kaffee, Milch, Brot, Haferflocken, Butter                                                                        |
| Frühstück              | Kaffee, Milch, Brot, Konfiture, Butter                                 | Kaffee, Milch, Brot, Konfiture, Butter                                                                           |
| Vegi Mittag            | Bohnen Salat grün, 2 Stk. TOFU KRÄUTERPICCATA, Tomatensauce, Teigwaren | Blattsalat, 6 Stk. FALAFEL VEGAN, Ratatouille, Couscous                                                          |
| Menü Abend             | Tagesfrucht, CHILI CON CARNE RIND, Trockenreis                         | Tagesfrucht, Kabis Salat, KARAAGE DON, KNUSPRIG GEBACKENES POULET, Trockenreis, Gewürzte Mayonnaise, vegetarisch |
| Vegi Abend             | Tagesfrucht, PROTANEO CHILI, Trockenreis                               | Tagesfrucht, Kabis Salat, 6NUGGETS VEGAN, Trockenreis, Gewürzte Mayonnaise, vegan                                |

Updates 4\_Baden

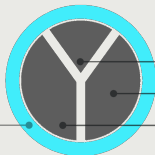
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