

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

19. to 25.01.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Blattsalat, Canneloni Gemüsefüllung, Reibkäse Alternative   	Karotten Salat, Tofuwürfel, milde Curry Sauce, Trockenreis   	Tagesfrucht, Pflanzliche Bratwurst, Braten Sauce, Bratkartoffeln, Broccoli   	Blattsalat, Penne Napoli, Tomaten Sauce, Reibkäse  	Tagesfrucht, Fried Rice, Wokgemüse, Tofu   
Menü Mittag	Blattsalat, Lasagne Bolognese, mit Rindfleisch 	Karotten Salat, Pouletwürfel, milde Curry Sauce, Trockenreis   	Tagesfrucht, 100% Kalbs Bratwurst, Braten Sauce, Bratkartoffeln, Broccoli   	Blattsalat, Penne Cinque Pi, mit Trutenschinken, Reibkäse 	Tagesfrucht, Fried Rice, Wokgemüse, kleine Garnelen  
Vegi Abend	Tagesfrucht, Plant based Balls, Preiselbeer Sauce, Kartoffelstock, Rosenkohl   	Tagesfrucht, Farfalle Teigwaren, Grillgemüse Sauce, Reibkäse  	Gurken Salat, Tikka Masala Sauce, Paneer Frischkäse, Trockenreis   	Tagesfrucht, Ebly Gemüse Paella, mit Bohnen und Tofu   	Kabis Salat, Müscheli Teigwaren, Soja Bolognese, Reibkäse  

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Saturday

Sunday

Frühstück

Kaffee, Milch, Brot, Konfiture, Butter



Kaffee, Milch, Brot, Konfiture, Butter



Vegi Mittag

Tagesfrucht, Seitan Geschnetzelt, Bratkartoffeln, Buntes Gemüse



Tagesfrucht, Luya Geschnetzelt, Cremesauce, Farfalle Teigwaren, Karotten & Erbsen



Menü Mittag

Tagesfrucht, Rind Hackbraten, Braten Sauce, Bratkartoffeln, Buntes Gemüse



Tagesfrucht, Trutenragout, Crèmesauce, Farfalle Teigwaren, Karotten & Erbsen



Vegi Abend

Blattsalat, Linsen Dal Tarka, Trockenreis, Blattspinat



Blattsalat, Gnocchi Pfanne, Lattich, Dörrtomaten, Champignons, Hummus Sauce



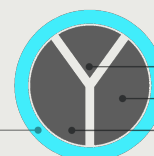
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