

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

26.01 to 01.02.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Tagesfrucht, Soja Bolognaise Sauce, Penne Teigwaren   	Tagesfrucht, Tomaten Ragouts, Sojas-treifen & Oliven, Trockenreis   	Blattsalat, Gemüse, Lasagne  	Tagesfrucht, Kurkuma Ingwer Sauce, Broccoli Nuggets, Salzkartoffeln,...   	Tagesfrucht, Quorn Geschnetzeltes Creme Sauce, Trockenreis, Erbsen & Karotten   
Menü Mittag	Tagesfrucht, Rindfleisch Bolognaise, Penne Teigwaren, Reibkäse 	Tagesfrucht, Bami Goreng, Nudelgericht, mit Poulet  	Blattsalat, Rindfleisch, Lasagne 	Tagesfrucht, Nordisches Fisch Ragout, Kurkuma Ingwer Sauce, Salzkartoffeln, Blattspinat   	Tagesfrucht, Geflügel Brätkugeli Creme Sauce, Trockenreis, Erbsen & Karotten   
Vegi Abend	Blattsalat, Linsen Dal Eintopf, Kartoffeln, Sojabohnen, Kichererbsen, Kokosnusssauce    	Blattsalat, Spätzli, Gemüse, Champignon Pfanne   	Tagesfrucht, Falafel, Ratatouille, Couscous, Pfefferminz Dip   	Kabis Salat, Spiralen Pasta, Linsen Bolognaise, Reibkäse  	Blattsalat, Kichererbsen Gemüse Tajine, Bulgur   

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Saturday

Sunday

Frühstück

Kaffee, Milch, Brot, Konfiture, Butter



Kaffee, Milch, Brot, Konfiture, Butter



Vegi Mittag

Tagesfrucht, Bulgur Gemüse Patty, Rosmarinsauce, Bratkartoffeln, Broccoli



Tagesfrucht, Linsen Gemüse Ragout, Paprikasauce, Trockenreis, Bohnen



Menü Mittag

Tagesfrucht, Poulet Ragout, Rosmarinsauce, Bratkartoffeln, Broccoli



Tagesfrucht, Kalbs Hacksteak, Paprikasauce, Trockenreis, Bohnen



Vegi Abend

Blattsalat, Polenta Gnocchi, mediterranes, Kürbisgemüse, Reibkäse



Gemüse Rösti, Randen Hüttenkäse, Apfel Salat



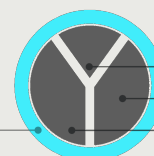
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