

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

02. to 08.02.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Tagesfrucht, Pflanzliche Wurst, Braten Sauce, Ofenkartoffeln, Karotten    	Tagesfrucht, Pflanzliche Cevapcici, Ratatouille, Trockenreis   	Tagesfrucht, Protaneo Streifen, Paprikasauce, Salzkartoffeln, Broccoli    	Karotten Salat, Soja Gemüse Gehacktes, Hörnli Teigwaren, Reibkäse  	Tagesfrucht, Kichererbsen Gemüse, Tikka Masala, Trockenreis, Blattspinat    
Menü Mittag	Tagesfrucht, Geflügel Fleischkäse, Braten Sauce, Ofenkartoffeln, Karotten  	Tagesfrucht, Lamm & Rindfleisch, Cevapcici, Ratatouille, Trockenreis  	Tagesfrucht, Trutenragout, Paprikasauce, Salzkartoffeln, Broccoli  	Karotten Salat, Rinds Gehacktes, Hörnli Teigwaren, Reibkäse 	Tagesfrucht, Poulet Schenkel, Tikka Masala, Trockenreis, Blattspinat   
Vegi Abend	Bohnen Salat, Gebackene Gnocchi, Tomaten, Mozzarella, Hartkäse  	Blattsalat, Tofu Wurzelgemüse Gulasch, Krawättli Teigwaren   	Blattsalat, Aloo Gobi, Kichererbsen, Gemüse Eintopf, Trockenreis    	Tagesfrucht, Gemüse, Kräuter, Kartoffel Frittata   	Blattsalat, Orecchiette Teigwaren, Broccoli, Erbsen, Alfredo Käse Sauce  

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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Saturday

Sunday

Frühstück

Kaffee, Milch, Brot, Konfiture, Butter



Kaffee, Milch, Brot, Konfiture, Butter



Vegi Mittag

Tagesfrucht, Veganes Burger Patty, Senfsauce, Kartoffelstock, Rotkraut



Tagesfrucht, Tofu Ragout, milde Curry Sauce, Trockenreis, Bohnen Gemüse



Menü Mittag

Tagesfrucht, Geflügel Bratwurst, Senfsauce, Kartoffelstock, Rotkraut



Tagesfrucht, Pangasius Ragout, milde Curry Sauce, Trockenreis, Bohnen Gemüse



Vegi Abend

Blattsalat, Gemüse Kichererbsen Ragout, Bulgur



Gurken Salat, Farfalle Gemüse Gratin



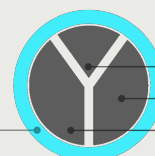
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