

# Kantonaler Sozialdienst | KSD Aargau

## Tagesverpflegung

### 09. to 15.02.2026

For the digital meal plan with further details, scan the QR-Code!



|             | Monday                                                                                                                                                                                                                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                                                                                      | Thursday                                                                                                                                                                                                                                                                                                                                                                                                       | Friday                                                                                                                                                                                                                                                                                                                             |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Frühstück   | Kaffee, Milch, Brot, Konfiture, Butter<br>                                                                                                                                                                                                                                                                                              | Kaffee, Milch, Brot, Konfiture, Butter<br>                                                                                                                                                                                             | Kaffee, Milch, Brot, Konfiture, Butter<br>                                                                                                                                                                                    | Kaffee, Milch, Brot, Konfiture, Butter<br>                                                                                                                                                                                                                                                                                  | Kaffee, Milch, Brot, Konfiture, Butter<br>                                                                                                                                                                                                      |
| Vegi Mittag | Tagesfrucht, Linsen Tätschli, Braten Sauce, Brätler Kartoffeln, Buntes Gemüse<br>    | Bohnen Salat, Tomaten Sauce, Penne Teigwaren<br>                     | Tagesfrucht, Tofu Sweet & Sour, Trockenreis, Broccoli<br>   | Tagesfrucht, Falafel Burger Patty, BBQ Sauce, Brätler Kartoffeln, Bohnen<br>                                                                          | Blattsalat, Gebratener Tofu, Creme Sauce, Couscous, Karotten Gemüse<br>   |
| Menü Mittag | Tagesfrucht, Poulet Schenkel, Braten Sauce, Brätler Kartoffeln, Buntes Gemüse<br>                                                                               | Bohnen Salat, Thon Tomaten Sauce, Penne Teigwaren<br>                                                                                             | Tagesfrucht, Poulet Sweet & Sour, Trockenreis, Broccoli<br>                                                                              | Tagesfrucht, Beef Burger Patty, BBQ Sauce, Brätler Kartoffeln, Bohnen<br>                                                                                                                                                            | Blattsalat, Truten Schnitzel, Creme Sauce, Couscous, Karotten Gemüse<br>                                                                                 |
| Menü Abend  | Test<br>                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                    |
| Vegi/Abend  | Blattsalat, Luya Stroganoff, Trockenreis<br>                                                                                                                    | Tagesfrucht, Kartoffel Gemüse Pfanne, Kräuter Hüttenkäse<br>   | Blattsalat, Gemüse Lasagne<br>                                                                                                           | Gurken Salat, Linsen Reis Gericht, Pfefferminze Dip<br>    | Tagesfrucht, Süsskartoffel Tätschli, Bohnen Gemüse Chili<br>        |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

#### Climate Impact

- High
- Medium
- Low



#### Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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## Vegi Abend

(zfv)

**...and  
identify  
balanced  
nutrition.**