

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

16. to 22.02.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Tagesfrucht, Tikka Masala Sauce, Falafel Vegan, Trockenreis    	Tagesfrucht, Nordafrikanischer Eintopf, Pita Brot   	Blattsalat, Teigwaren, Grillgemüse Sauce, Reibkäse  	Tagesfrucht, Linsen Dal Tarka, Trockenreis, Blattspinat    	Tagesfrucht, Plant based Balls, Preiselbeer Sauce, Kartoffelstock, Rosenkohl   
Menü Abend	Gurken Salat, Lasagne Bolognaise, mit Rindfleisch 	Karotten Salat, Pouletwürfel, milde Curry Sauce, Trockenreis   	Tagesfrucht, 100% Kalbs Bratwurst, Braten Sauce, Bratkartoffeln, Broccoli   	Blattsalat, Pasta Cinque Pi, mit Trutenschinken, Reibkäse 	Blattsalat, Fried Rice, Wokgemüse, kleine Garnelen  
Vegi Abend	Gurken Salat, Cannelloni Gemüsefüllung, Reibkäse Alternative   	Karotten Salat, Tofuwürfel, milde Curry Sauce, Trockenreis    	Tagesfrucht, Pflanzliche Bratwurst, Braten Sauce, Bratkartoffeln, Broccoli    	Blattsalat, Pasta Napoli, Tomaten Sauce, Reibkäse  	Blattsalat, Fried Rice, Wokgemüse, Tofu   

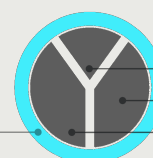
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

-  High
-  Medium
-  Low



Balance

-  Proteins
-  Carbohydrates
-  Vegetables & Fruits

...and identify balanced nutrition.

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Saturday

Sunday

Frühstück

Kaffee, Milch, Brot, Konfiture, Butter



Kaffee, Milch, Brot, Konfiture, Butter



Vegi Mittag

Kabis Salat, Teigwaren, Soja Bolognaise, Reibkäse



Blattsalat, Ebly Gemüse Paella, mit Bohnen und Tofu



Menü Abend

Tagesfrucht, Poulet Hackbraten, Braten Sauce, Bratkartoffeln, Buntes Gemüse



Tagesfrucht, Trutenragout, Crèmesauce, Farfalle Teigwaren, Karotten & Erbsen



Vegi Abend

Tagesfrucht, Seitan Geschnetztes, Bratkartoffeln, Buntes Gemüse



Tagesfrucht, Luya Geschnetztes, Cremesauce, Farfalle Teigwaren, Karotten & Erbsen



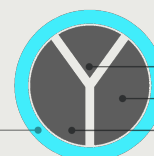
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