

Kantonaler Sozialdienst | KSD Aargau

Tagesverpflegung

23.02 to 01.03.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Blattsalat, Rösti Taschen Spinat & Käse, Grillgemüse  	Blattsalat, Canneloni Ricotta Spinat  	Tagesfrucht, Falafel, Ratatouille, Couscous   	Kabis Salat, Linsen Bolognaise Sauce vegan, Teigwaren   	Karotten Salat, Kichererbsen Gemüse Tajine, Bulgur   
Menü Abend	Tagesfrucht, Rindsmeatballs, Tomatensauce, Trockenreis  	Tagesfrucht, Poulet Schenkel, Gyros Style, Ofenkartoffeln, Blumenkohl   	Blattsalat, Chili con carne, Rindfleisch, Bohnen, Mais, Trockenreis  	Tagesfrucht, Lachscremesauce, Penne  	Tagesfrucht, Geflügel Brätkügel Creme Sauce, Trockenreis, Erbsen & Karotten   
Vegi Abend	Tagesfrucht, Green Mountain Balls, Tomaten Sauce, Trockenreis  	Tagesfrucht, Tofu Gyros Style, Ofenkartoffeln, Blumenkohl    	Blattsalat, Protaneo Chili, Bohnen, Mais, Trockenreis   	Tagesfrucht, Vegane Lachscremesauce, Penne   	Tagesfrucht, Quorn Geschnitzeltes Creme Sauce, Trockenreis, Erbsen & Karotten    

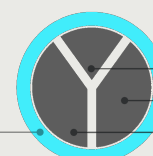
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.

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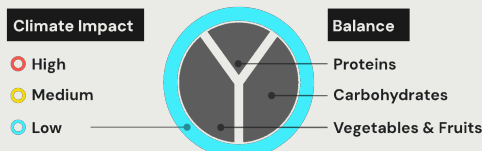


	Saturday	Sunday
Frühstück	Kaffee, Milch, Brot, Konfiture, Butter 	Kaffee, Milch, Brot, Konfiture, Butter 
Vegi Mittag	Gurken Salat, Spätzli Gemüse Pfanne   	Älplermagronen, Renden Hüttenkäse Apfel Salat  
Menü Abend	Tagesfrucht, Poulet Ragout, Rosmarinsauce, Bratkartoffeln, Broccoli   	Tagesfrucht, Kalbs Hacksteak, Paprikasauce, Trockenreis, Bohnen  
Vegi Abend	Tagesfrucht, Bulgur Gemüse Patty, Rosmarinsauce, Bratkartoffeln, Broccoli  	Tagesfrucht, Linsen Tätschli, Paprika Sauce, Trockenreis, Bohnen   

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Discover the climate impact of meals...



...and identify balanced nutrition.