

RTS Ecublens | RTS Ecublens

Menu du midi

20. to 26.04.2026

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
Urban	Chili Sin Carne Soja Schokolade, Port. 270g, Guacamole, Riz basmati    9.75 / 12.75	Quiche aux légumes, oignons, noix et poireaux 768, Champignon weiss, Nüsslisalat / Feld-...   9.75 / 12.75	Pastetli / Blät-terteigpastetli / Vol au vent, vegan, 40g, Champignons sautés, Risotto de...   9.75 / 12.75	Frühlingsrollen, ve- gan, 50g, Süss & Saure Sauce / Sweet & Sour Sauce (Würzsauce), Riz frit,...    9.75 / 12.75	Pinsa Pala Bianca Tomate Mozarella, Spinat fein / Spinatsalat feinblättrig (küchenfertig),...   9.75 / 12.75
Bistro	Schweins Cordon bleu paniert, Sauce Cocktail, Poêlée de carottes et panais, Petits pois à la...  14.60 / 16.60	Rind Meatballs / Hackfleischkugeln (reines Rindfleisch), 30g, Tomatensauce gewürzt, Konserve,...   12.75 / 14.75	Poulet Schenkel, gewürzt, Jus aux herbes, Reis mit Safran Bundzwiebeln Mangold, Blattspinat,..   14.60 / 16.60	Schollenfilet / Gold- buttfilet, sauce vierge citron et basilic, Semoule à l'origan, Petits pois carottes  14.60 / 16.60	
Global	Lachs / Salm filet, Sauce concombre et aneth, Pommes vapeur, Bohnen grün (küchenfertig)    16.00 / 18.00	Forellenfilet, sauce vierge citron et basilic, Zwergtomaten / Cherry Tomaten, Kartoffeln (küchen-...    16.00 / 18.00	Rotbarschfilet / Goldbarschfilet, sauce vierge citron et basilic, Kartoffeln (küchenfertig),...    16.00 / 18.00	Schweins Haxen geschmort Cremolata, Port. 300g, Orge perlé, Zucchini grün (küchenfertig)   16.00 / 18.00	Beignets de mer- lan, Tartare Sauce, Kartoffelgnocchi / Gnocchi, Spezialsorten, Tomaten rot...  16.00 / 18.00

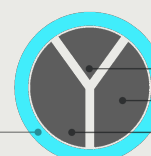
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

- High
- Medium
- Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.