

# RTS Ecublens | RTS Ecublens

## Menu du midi

### 04. to 10.05.2026

For the digital meal plan with further details, scan the QR-Code!



|        | Monday                                                                                                                                      | Tuesday                                                                                                                                                  | Wednesday                                                                                                                                                   | Thursday                                                                                                                              | Friday                                                                                                                       |
|--------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| Urban  | <p>Linsen K chlein / Linsen Galetten, Carottes au cumin, Couscous, Coleslow</p> <div> <div> </div> <div> </div> </div> <p>9.75 / 12.75</p>  | <p>Falafel cuit au four / boulettes de pois chiches au four, Tahini Sauce, Gerste gekocht</p> <div> <div> </div> <div> </div> </div> <p>9.75 / 12.75</p> | <p>Ebly Gem se, Kichererbsen gekocht, Aubergines r ties, Patates douces cuites au...</p> <div> <div> </div> <div> </div> </div> <p>9.75 / 12.75</p>         | <p>Curry de l gumes et pois chiches, Riz basmati, Brocolis</p> <div> <div> </div> <div> </div> </div> <p>9.75 / 12.75</p>             | <p>Linsen Dal, Riz au curry, Courgettes r ties</p> <div> <div> </div> <div> </div> </div> <p>9.75 / 12.75</p>                |
| Bistro | <p>Atriaux de veau, Rotwein Butter, Risotto   la tomate, Petits pois  tuv s</p> <div> <div> </div> <div> </div> </div> <p>14.60 / 16.60</p> | <p>Filet de poulet grill , Sauce barbecue, Quinoa, Panais saut s</p> <div> <div> </div> <div> </div> </div> <p>14.60 / 16.60</p>                         | <p>Teigwaren Z pfli Goldz pfli gekocht, Crevettes saut es, Sauce   la citronnelle</p> <div> <div> </div> <div> </div> </div> <p>14.60 / 16.60</p>           | <p>Cuisse de poulet r tie, Boulgour, Zucchini Antipasti</p> <div> <div> </div> <div> </div> </div> <p>14.60 / 16.60</p>               |                                                                                                                              |
| Global | <p>R ti de porc   la moutarde, Gratin de macaroni, Fondue de poireaux</p> <div> <div> </div> <div> </div> </div> <p>16.00 / 18.00</p>       | <p>Filet de saumon   l'olive, Polenta, Haricots verts</p> <div> <div> </div> <div> </div> </div> <p>16.00 / 18.00</p>                                    | <p>Epaule d'agneau brais  jus   la menthe, Pur e de pomme de terre fra che, Spargel gr n...</p> <div> <div> </div> <div> </div> </div> <p>16.00 / 18.00</p> | <p>Pav  de boeuf po l , Bearnaise Sauce, Pommes frites, Grill Tomaten</p> <div> <div> </div> <div> </div> </div> <p>16.00 / 18.00</p> | <p>Eminc  de dinde, Bratkartoffeln Br tler, Carottes glac es</p> <div> <div> </div> <div> </div> </div> <p>16.00 / 18.00</p> |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...



...and identify balanced nutrition.