

# RTS Lausanne | RTS Lausanne

## Menu du midi

### 09. to 15.06.2025

For the digital meal plan with further details, scan the QR-Code!



|               | Monday                                                                                                                                                                                                                      | Tuesday                                                                                                                                                                                                                                                                                                                | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                                                                                          | Friday                                                                                                                                                                                                                                                                                    |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urban         | <div>Lundi de Pentecôte</div> <div></div> <div></div>     | <div>Tortelli au gruyère, Sauce champignons, lit d'épinards vapeur</div> <div></div> <div>9.75 / 12.50</div>                                         | <div>Nouilles de riz sauté aux légumes thaï, Tofu fumé et pousses de soja</div> <div></div> <div>9.75 / 12.50</div> | <div>Riz biryani et fricassée de lentilles, Cottage cheese aux fines herbes, Chips de crevette</div> <div></div> <div>9.75 / 12.50</div> | <div>Gnocchi al pesto rosso et sa, quenelle de ricotta, Fin ragoût niçois</div> <div></div> <div>9.75 / 12.50</div> |
| Bistro        | <div>Lundi de Pentecôte</div> <div></div> <div></div>   | <div>Rôti de carré de porc basse température, sauce moutarde, Spätzli aux épinards, Courgettes sautées à.</div> <div></div> <div>14.60 / 16.60</div> | <div>Nuggets de poulet, Pommes frites maison, Tomates rôties, Sauce tartare</div> <div></div> <div>14.60 / 16.60</div>                                                                                                                                                                                                                                                 | <div>Poulet katsu, sauce soja, Riz aux oignons, Salade de chou doux</div> <div></div> <div>14.60 / 16.60</div>                                                                                                                                                                                                 | <div>Émincé de bœuf au gingembre et pousses de bambou, Riz basmati, Brocoli au sésame</div> <div></div> <div>14.60 / 16.60</div>                                                                       |
| Global        | <div>Lundi de Pentecôte</div> <div></div> <div></div> | <div>Pavé de saumon, sauce chermoula, Pomme purée au wasabi, Fenouil braisé</div> <div></div> <div></div>                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <div>Dos de cabillaud à la portugaise, Pommes parisiennes, Salisifs sautés</div> <div></div> <div></div>                           |                                                                                                                                                                                                                                                                                           |
| Chefs special |                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                        | <div>Ceviche de daurade, Riz gluant, Avocat, cibette, mangue</div> <div></div> <div>18.00 / 18.00</div>                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                           |

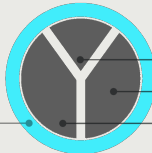
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

#### Climate Impact

- High
- Medium
- Low



#### Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.