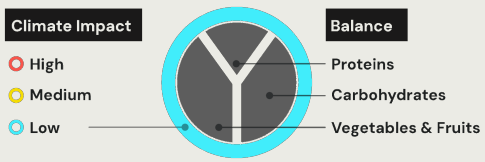
SBB | Lausanne voyageurs
Tagesverpflegung
16. to 22.03.2026

For the digital meal plan with further details, scan the QR-Code!

	Monday	Tuesday	Wednesday	Thursday	Friday
Vegi	Panierter Tomme gebacken, Tomatensalsa / rote Salsa 2050, Bulgur mit Marktgemüse und...	Riz Casimir vegan mit planted Geschnetzeltem, Fruchtspiesse 85g 2050, Reisring / Pilaw...	Spaghetti mit Bärlauchpesto und Kirschtomaten vegan, avec Pesto d'ail d'ours, Brot / Suppe...	Gefüllte Peperoni mit Soja gehacktem, Pilaw Reis 2050, Brot / Suppe oder Jus, Menüsalat,...	Griessgnocchi 2050, Tomatensauce mit Oliven / Tomatenconcasse, Gebratene Zucchetti...
	2.00 / 2.60	2.00 / 2.60	2.00 / 2.60	2.00 / 2.60	2.00 / 2.60
Menu	Schweinsragout / Ungarisch, Riz sauvage, Wildreis Mix, Fair trade 2050, Gebratene Zucchet-...	Cannelloni mit Rindfleischfüllung 2050, Sauce tomate et fromage, gratiné au four, Menüsalat inkl....	Pouletschenkel Steak (Ober-Unterschenkel) ca. 140-160g roh / 105g,...	Gebratener Pangasius Spiess, Port. 150g / 130g, Olivensauce / Olivenjus / Olivensalsa, Risot-...	Schweins Cordon bleu paniert, Port. 150g / 130 g, Zitronenschnitz / Ketchup 10 port, Pommes...
	9.90 / 13.90	9.90 / 13.90	9.90 / 13.90	9.90 / 13.90	9.90 / 13.90
Free choice	Chicken-Nuggets 150 Gramm, 463 Pommes frites	brandade de lieu, 463Salade du menu	Zanderknusperli / Fischknusperli 170g, Quinoa	Rösti valaisan aux lard, tomate, oignons et fromage à raclette (400gr), 463Salade du menu	Steak de saumon grillé, portion 150 g, Jardinière de légumes
	2.50 / 3.20	2.50 / 3.20	2.50 / 3.20	2.50 / 3.20	2.50 / 3.20
Chefs choice	Linsen Dal Tarka, Port. 350g inkl. Naan Brot, Erbsen Kokos Gemüse Indische Art, Raita...	Ratatouille / Ratatouille Gemüse offen, Cashew Nüsse / Cashew Kerne / Acajonüsse, veg-...	Palak Paneer, Port. 300g, Epinards, fromage frais, Basmati Reis gedämpft Steamer,...	Poulet Butter Chicken Curry, Port. 230g, Koriander, frisch, Raita Sauce, Basmati Reis gedämpft...	Tikka Masala mit Planted und Kichererbsen, Port. 310g, Basmatireis mit Kokos und Sesam,...
	16.90 / 18.50	16.90 / 18.50	16.90 / 18.50	16.90 / 18.50	16.90 / 18.50

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...



...and identify balanced nutrition.

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Saturday

Vegi	
Menu	463Lasagne de boeuf, 463Salade du menu 9.90 / 13.90
Free choice	
Chefs choice	

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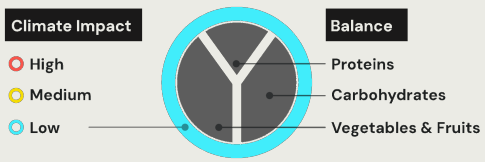

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