

Campus Zentrum | Lower Mensa

Abend

04. to 10.03.2024

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
garden at dinner	Randenplätzli VEGAN, Sojajoghurt mit Pfefferminze, 30g / Port., Allergen Gluten,...    6.10 / 9.00 / 13.00	Linsen Gemüse Eintopf mit Kartoffeln, Vegane Wurst, Menüsalat oder Apfelmus    6.10 / 9.00 / 13.00	Gnocchi, Ratatouille, Kerne-Mix, Menüsalat oder Apfelmus, Basilikum Pesto Vegan    6.10 / 9.00 / 13.00	«Bowl», Glacierte Kichererbsen, Quinoa, gebratene Zucchini, Erbsen Guacamole     6.10 / 9.00 / 13.00	falafel, Tzatziki / vegan, Wildreis vegan, Ofen Auberginen     6.10 / 9.00 / 13.00
butcher at dinner	Poulet Stroganoff, Nudeln, Menüsalat oder Apfelmus  7.50 / 10.50 / 15.00	Rindsgeschnetzeltes Teriyaki, Basmati Reis, Sprossen und Sesam, Menüsalat...   7.50 / 10.50 / 15.00	Fleischkäse gebacken, Senf, Salzkartoffeln / Dampfkartoffeln gesalzen, Dörrobhnen / Garten...   7.50 / 10.50 / 15.00	Chicken Nuggets, Cocktail Sauce, Kartoffelspalten / Country Cuts, Glasierte Karotten   7.50 / 10.50 / 15.00	Cervelat Wurst, Senfsauce, Rösti Frites, Grilltomate  7.50 / 10.50 / 15.00

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

-  High
-  Medium
-  Low



Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.