

# Campus Zentrum | Lower Mensa

## Abend

### 01. to 07.06.2026

For the digital meal plan with further details, scan the QR-Code!



|                   | Monday                                                                                                                                   | Tuesday                                                                                                                                | Wednesday                                                                                                                             | Thursday                                                                                                                     | Friday                                                                                                                            |
|-------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| garden at dinner  | <p>TACOS, tomato peppers eek, peas mole, bean salad</p> <p> </p> <p>6.10 / 9.00 / 13.00</p>                                              | <p>MASSAMAN CURRY, peanuts peas cauliflower, potatoes, basmati rice, menu salad or apple sauce</p> <p> </p> <p>6.10 / 9.00 / 13.00</p> | <p>LENTIL CORN BOWL, couscous sweet potato, beetroot corn cob, cashew, menu salad or apple...</p> <p> </p> <p>6.10 / 9.00 / 13.00</p> | <p>JAPCHAE GLASS NOODLES, tofu mushroom, sesame, coriander, menu saad or apple sauce</p> <p> </p> <p>6.10 / 9.00 / 13.00</p> | <p>TOMATO HUMMUS, Couscous, flatbread spinach, oven vegetables, menu salad or apple sauce</p> <p> </p> <p>6.10 / 9.00 / 13.00</p> |
| butcher at dinner | <p>Tortellini Ricotta Spinat, Hinter Schinken, Lauch mit Rahmsauce / Rahmlauch, menu salad or...</p> <p></p> <p>7.50 / 10.50 / 15.00</p> | <p>CHICKEN RAGOUT, mustard sauce, spaetzle, broccoli</p> <p></p> <p>7.50 / 10.50 / 15.00</p>                                           | <p>BEEF TERIYAKI, peppers garlic, sprouts sesame, noodles, menu salad or apple sauce</p> <p> </p> <p>7.50 / 10.50 / 15.00</p>         | <p>PORK SCHNITZEL, cream gravy, papardelle, peas</p> <p></p> <p>7.50 / 10.50 / 15.00</p>                                     | <p>CRISPY FISH, tartar sauce, boiled potatoes, spinach</p> <p> </p> <p>7.50 / 10.50 / 15.00</p>                                   |

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

#### Climate Impact

- High
- Medium
- Low



#### Balance

- Proteins
- Carbohydrates
- Vegetables & Fruits

...and identify balanced nutrition.