

Campus Zentrum | Lower Mensa

Abend

22. to 28.01.2024

For the digital meal plan with further details, scan the QR-Code!



	Monday	Tuesday	Wednesday	Thursday	Friday
garden at dinner	Bulgur Pilavi, Mangold, Randen, Kerbel-Joghurtdip vegan, Menüsalat oder Apfelmus    6.10 / 9.00 / 13.00	«Mezze Teller», Quinoa, Antipasti Gemüse, Pita Brot, Hummus, Menüsalat oder Apfelmus    6.10 / 9.00 / 13.00	Ofen Blumenkohl, Papadum, Kichererbsen Salat vegan, Thaina Sesam Paste, Menüsalat...    6.10 / 9.00 / 13.00	Rigatoni Eintopf, Artischocken, grillierte Peperoni, rucola, Menüsalat oder Apfelmus    6.10 / 9.00 / 13.00	Gnocchi, Ratatouille, Rucola Pesto vegan, Menüsalat oder Apfelmus    6.10 / 9.00 / 13.00
butcher at dinner	Luganighe Wurst, Senfsauce, Wildreis, Weiss kabis  7.50 / 10.50 / 15.00	Schweinsgeschnetzeltes Zürcher Art, Kartoffelgratin/Mensa, Apfel-Rotkraut  7.50 / 10.50 / 15.00	Cevapcicci, Café de Paris Sauce, Bäckerinnenkartoffeln, Broccoli gedämpft / Gedämpfter Broccoli  7.50 / 10.50 / 15.00	Coq au vin blanc / Poulet Schenkel Ragout, Gemüserisotto, Grüne Bohnen  7.50 / 10.50 / 15.00	Chicken Nuggets, Pommes frites, Broccoli gedämpft / Gedämpfter Broccoli, Cocktail Sauce  7.50 / 10.50 / 15.00

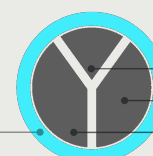
Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.



Discover the climate impact of meals...

Climate Impact

-  High
-  Medium
-  Low



Balance

-  Proteins
-  Carbohydrates
-  Vegetables & Fruits

...and identify balanced nutrition.