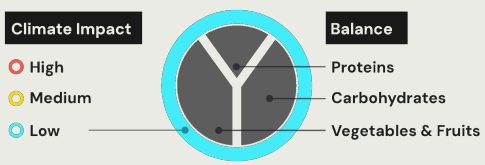
Campus Stadt-Mitte | ZHAW Cafeteria Trichtersaal
Mittagsverpflegung
02. to 08.11.2026

For the digital meal plan with further details, scan the QR-Code!

	Monday	Tuesday	Wednesday	Thursday	Friday
Proteine	**Gemüse Rahmsauce** Tofu Piccata 2.20 / 2.90 / 3.90	**Pulled Jackfruit Bolognese** Aloo Gobi 2.20 / 2.90 / 3.90	**Edelpilz Bolognese** Falafel 2.20 / 2.90 / 3.90	**Soja Bratwurst** Zwiebelsauce, Massaman Curry 2.20 / 2.90 / 3.90	**No Köttbullar** Spinat Gnocchi, Zitronen-Rahmsauce 2.20 / 2.90 / 3.90
Exquisite Adeline	**Knöpfli** Penne 2.20 / 2.90 / 3.90	**Basmati Reis** Spaghetti 2.20 / 2.90 / 3.90	**Bratkartoffeln** Bulgur 2.20 / 2.90 / 3.90	**Jasminreis** Rösti Galetten 2.20 / 2.90 / 3.90	**Kartoffelstock** Salzkartoffeln mit Kürbis 2.20 / 2.90 / 3.90
Add on 2	**Chef`s Choice**	**Chef`s Choice**	**Chef`s Choice**	**Chef`s Choice**	**Chef`s Choice**
Plants & More	**PINK PENNE** Rahmsauce, Geröstete Randen, Ziegenkäse 7.80 / 10.80 / 14.80	**ALOO GOBI** Blumenkohl Kartoffel Curry, Basmatireis, Eingelegte Zwiebeln 7.80 / 10.80 / 14.80	**EDELPILZ BOLOGNESE** Beluga Linsen, Bulgur, Falafel, Kräuter 7.80 / 10.80 / 14.80	**MASSAMAN CURRY** Kichererbsen, Luya, Jasminreis 7.80 / 10.80 / 14.80	**SPINAT GNOCCHI** Zitronen-Rahmsauce, Tomaten, Feta 7.80 / 10.80 / 14.80
Exquisite	**SCHWEINSBRATEN** Apfeljus, Knöpfli, Rotkraut 11.80 / 14.80 / 18.80	**SPAGHETTI** Pulled Beef Bolognaise, Broccoli mit Parmesan 11.80 / 14.80 / 18.80	**PANIERTES SCHWEINSSCHNITZEL** Preiselbeeren, 11.80 / 14.80 / 18.80	**KALBSBRATWURST** Zwiebelsauce, Rösti Galetten, Karotten 11.80 / 14.80 / 18.80	**KÖTTBULLAR** Kartoffelstock, Erbsen Mais Gemüse 11.80 / 14.80 / 18.80
Add on 1	**Schweinsbraten** Apfeljus	**Pulled Beef BBQ**	**Schweineschnitzel** Preiselbeeren	**Kalbsbratwurst** Zwiebelsauce	**Köttbullar**

Any changes to individual menu components will be communicated in writing directly at the food counter. If you are unsure about allergens or require further information, you can contact our staff at any time.

Discover the climate impact of meals...



...and identify balanced nutrition.

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	Monday	Tuesday	Wednesday	Thursday	Friday
Fun Cooking	**RED CURRY** Poulet oder Tofu, Gemüse, Jasminreis 9.80 / 12.80 / 16.80	**RED CURRY** Poulet oder Tofu, Gemüse, Jasminreis 9.80 / 12.80 / 16.80	**RED CURRY** Poulet oder Tofu, Gemüse, Jasminreis 9.80 / 12.80 / 16.80	**RED CURRY** Poulet oder Tofu, Gemüse, Jasminreis 9.80 / 12.80 / 16.80	**RED CURRY** Poulet oder Tofu, Gemüse, Jasminreis 9.80 / 12.80 / 16.80
Plants Adeline	**Randen** Rotkraut 2.20 / 2.90 / 3.90	**Broccoli** Karotten 2.20 / 2.90 / 3.90	**Blumenkohl** Grüne Bohnen 2.20 / 2.90 / 3.90	**Blattspinat** Karotten 2.20 / 2.90 / 3.90	**Erbsen** Mais 2.20 / 2.90 / 3.90

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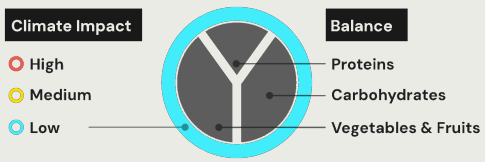

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